

| | | 101 | 102 | 103 | 104 | 105 | 106 | 201 | 202 | 203 | 204 | 205 | 206 | 301 | 302 | 303 | 304 |
|------|-------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 視力保健 | 【3010】：近距離用眼30分鐘，休息 | 28 | 30 | 31 | 30 | 31 | 24 | 28 | 28 | 27 | 25 | 24 | 23 | 28 | 25 | 22 | 25 |
| | 【戶外遠眺120】 | 31 | 30 | 31 | 30 | 31 | 22 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |
| | 下課淨空率（有90%以上） | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 口腔保健 | 學生每日刷牙次數總數 | 2.5 | 2.4 | 2.5 | 2.8 | 2.7 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 |
| | 在學校期間兩餐之間不喝含糖飲料 | 30 | 26 | 31 | 2.3 | 31 | 18 | 28 | 28 | 27 | 26 | 28 | 28 | 28 | 26 | 26 | 27 |
| | 學生每日使用牙線次數總數 | 0.3 | 2.5 | 2 | 2.3 | 2.5 | 1 | 2 | 1.4 | 1.9 | 2 | 2 | 2 | 0.8 | 3 | 1 | 2 |
| 運動量 | 【運動210】：每週累積210分鐘（含假日） | 27 | 28 | 31 | 30 | 31 | 22 | 26 | 24 | 22 | 26 | 25 | 25 | 20 | 28 | 25 | 28 |
| 蔬果量 | 每天五蔬果（五份≠五種） | 26 | 30 | 31 | 30 | 31 | 20 | 25 | 26 | 24 | 26 | 25 | 25 | 15 | 28 | 21 | 28 |
| 吃早餐 | 每天吃早餐 | 31 | 30 | 31 | 29 | 31 | 28 | 28 | 28 | 27 | 28 | 28 | 28 | 27 | 28 | 26 | 28 |
| 喝水量 | 每日攝取水量達1500CC以上（不含食物中所攝取） | 27 | 27 | 30 | 30 | 31 | 14 | 28 | 28 | 25 | 28 | 28 | 28 | 23 | 28 | 24 | 20 |
| 菸害防制 | 30天內曾經使用菸品 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 檳榔防制 | 30天內曾經嚼食檳榔 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 正確用藥 | 遵照醫囑服用藥物 | 31 | 30 | 31 | 30 | 31 | 23 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |
| | 不過量使用止痛藥 | 31 | 30 | 31 | 30 | 31 | 29 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |
| | 使用藥品前看清藥袋或藥盒 | 31 | 30 | 3 | 30 | 31 | 26 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 25 |
| | 上過有關正確用藥教育課程（包含演講及健康教育課程有提到） | 31 | 30 | 31 | 30 | 31 | 29 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |
| 全民健保 | 上過有關全民健保教育課程（包含演講及相關的領域課程有提到） | 31 | 30 | 31 | 30 | 31 | 29 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |
| | | 31 | 30 | 31 | 30 | 31 | 29 | 28 | 28 | 27 | 28 | 28 | 28 | 28 | 28 | 26 | 28 |

| 305 | 306 | 401 | 402 | 403 | 404 | 405 | 406 | 501 | 502 | 503 | 504 | 505 | 506 | 601 | 602 | 603 | 604 | 605 | 606 | 合計 | 平均值 |
|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|--------|------|
| 17 | 24 | 27 | 25 | 15 | 28 | 29 | 20 | 27 | 27 | 14 | 29 | 23 | 23 | 25 | 14 | 22 | 24 | 20 | 22 | 884 | 87% |
| 28 | 24 | 27 | 25 | 26 | 29 | 29 | 29 | 29 | 27 | 16 | 29 | 26 | 27 | 25 | 24 | 29 | 25 | 21 | 28 | 975 | 96% |
| 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 36 | 100% |
| 3 | 3 | 3 | 3 | 3 | 2.8 | 2.65 | 2.8 | 3 | 2.5 | 2 | 3 | 2.5 | 2.5 | 2.7 | 3 | 3 | 3 | 3 | 2.3 | 100.65 | 2.80 |
| 15 | 28 | 27 | 25 | 20 | 29 | 18 | 26 | 27 | 25 | 13 | 24 | 21 | 24 | 25 | 27 | 24 | 24 | 27 | 28 | 887.3 | 88% |
| 1 | 1.6 | 1.8 | 2 | 1 | 1.8 | 3 | 2.6 | 3 | 2.7 | 2 | 1 | 2 | 2 | 2.4 | 1 | 2.2 | 1.1 | 3 | 0.82 | 66.72 | 1.85 |
| 28 | 28 | 27 | 25 | 25 | 29 | 27 | 23 | 29 | 27 | 20 | 29 | 26 | 27 | 26 | 27 | 29 | 20 | 27 | 28 | 945 | 93% |
| 28 | 27 | 27 | 25 | 28 | 19 | 21 | 27 | 29 | 27 | 20 | 27 | 26 | 27 | 25 | 27 | 14 | 25 | 19 | 19 | 898 | 89% |
| 26 | 26 | 25 | 25 | 26 | 29 | 28 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 26 | 26 | 29 | 26 | 27 | 28 | 996 | 98% |
| 26 | 14 | 27 | 25 | 21 | 29 | 26 | 27 | 29 | 27 | 21 | 20 | 21 | 27 | 24 | 27 | 29 | 23 | 22 | 25 | 909 | 90% |
| 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0% |
| 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0% |
| 28 | 28 | 27 | 25 | 28 | 29 | 29 | 25 | 29 | 27 | 19 | 29 | 26 | 27 | 26 | 27 | 29 | 28 | 27 | 21 | 987 | 98% |
| 28 | 28 | 27 | 25 | 28 | 29 | 29 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 27 | 27 | 29 | 28 | 27 | 28 | 1012 | 100% |
| 28 | 28 | 27 | 25 | 28 | 16 | 29 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 25 | 27 | 29 | 26 | 27 | 22 | 955 | 94% |
| 28 | 28 | 27 | 25 | 28 | 29 | 29 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 27 | 27 | 29 | 28 | 27 | 28 | 1012 | 100% |
| 28 | 0 | 27 | 25 | 28 | 29 | 29 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 27 | 27 | 29 | 28 | 27 | 28 | 984 | 97% |
| 28 | 28 | 27 | 25 | 28 | 29 | 29 | 29 | 29 | 27 | 26 | 29 | 26 | 27 | 27 | 27 | 29 | 28 | 27 | 28 | 1012 | |