

雙龍國小108學年度學生健康行為行動達成

| 班級 | 達到近距離用眼30分鐘，休息10分鐘之學生人數 | 每節下課有90%的學童至教室外(有:1無:0) | 達到每天戶外活動累計2小時之學生人數 | 學生每日刷牙次數 | 午餐搭配含氟潔牙牙膏之學生人數 | 在校期間兩餐之間不喝含糖飲料學生人數 | 牙線使用次數(高年級) | 達到每周累積210分鐘運動量目標之學生數 | 達到每天五蔬果目標之學生數 | 達到每天吃早餐目標之學生數 | 達到每天多喝水(1500c.c)目標之學生數 |
|-----|-------------------------|-------------------------|--------------------|----------|-----------------|--------------------|-------------|----------------------|---------------|---------------|------------------------|
| 101 | 31 | 1 | 31 | 2 | 31 | 31 | 0 | 31 | 31 | 31 | 31 |
| 102 | 32 | 1 | 30 | 2.5 | 32 | 32 | 0 | 24 | 27 | 32 | 29 |
| 103 | 31 | 1 | 31 | 2.9 | 31 | 31 | 12 | 29 | 29 | 30 | 22 |
| 104 | 31 | 1 | 31 | 2 | 31 | 31 | 0 | 31 | 31 | 31 | 31 |
| 105 | 32 | 1 | 32 | 3 | 32 | 32 | 0 | 32 | 32 | 31 | 32 |
| 106 | 30 | 1 | 31 | 3 | 31 | 31 | 0 | 30 | 31 | 31 | 30 |
| 201 | 31 | 1 | 31 | 3 | 31 | 31 | 0 | 31 | 31 | 31 | 31 |
| 202 | 29 | 1 | 29 | 3 | 29 | 29 | 0 | 29 | 29 | 29 | 29 |
| 203 | 31 | 1 | 31 | 2.6 | 31 | 31 | 0 | 31 | 31 | 31 | 30 |
| 204 | 29 | 1 | 28 | 2.1 | 28 | 25 | 0 | 29 | 28 | 28 | 25 |
| 205 | 31 | 1 | 31 | 3 | 30 | 31 | 0 | 31 | 30 | 31 | 31 |
| 206 | 28 | 1 | 30 | 3 | 30 | 28 | 0 | 29 | 27 | 30 | 30 |
| 301 | 25 | 1 | 25 | 3 | 25 | 25 | 0 | 25 | 25 | 25 | 25 |
| 302 | 27 | 1 | 27 | 3 | 27 | 27 | 0 | 27 | 27 | 27 | 27 |
| 303 | 24 | 1 | 27 | 3 | 27 | 27 | 0 | 27 | 27 | 27 | 27 |
| 304 | 28 | 1 | 28 | 2 | 27 | 28 | 0 | 28 | 28 | 28 | 28 |
| 305 | 27 | 1 | 27 | 2.85 | 23 | 27 | 0 | 27 | 20 | 27 | 21 |
| 306 | 27 | 1 | 27 | 3 | 27 | 27 | 0 | 27 | 27 | 27 | 27 |
| 401 | 29 | 1 | 29 | 3 | 29 | 20 | 0 | 25 | 20 | 28 | 29 |
| 402 | 25 | 1 | 28 | 3 | 28 | 25 | 0 | 25 | 22 | 28 | 25 |
| 403 | 25 | 1 | 25 | 3 | 25 | 24 | 0 | 25 | 24 | 25 | 25 |
| 404 | 22 | 1 | 28 | 3 | 23 | 25 | 0 | 28 | 28 | 28 | 10 |
| 405 | 28 | 1 | 28 | 2.5 | 28 | 23 | 0 | 28 | 27 | 27 | 22 |
| 406 | 28 | 1 | 28 | 3.3 | 28 | 28 | 0 | 28 | 28 | 28 | 28 |
| 501 | 27 | 1 | 27 | 2.88 | 27 | 28 | 18 | 27 | 27 | 26 | 20 |
| 502 | 26 | 0 | 27 | 3 | 10 | 28 | 13 | 28 | 28 | 24 | 24 |
| 503 | 25 | 1 | 27 | 2.9 | 27 | 27 | 20 | 25 | 27 | 26 | 22 |
| 504 | 27 | 1 | 27 | 2 | 27 | 27 | 18 | 27 | 27 | 27 | 27 |
| 505 | 22 | 1 | 27 | 2.6 | 17 | 25 | 24 | 28 | 28 | 28 | 23 |
| 506 | 18 | 0 | 25 | 2.4 | 25 | 27 | 21.6 | 27 | 21 | 27 | 23 |
| 601 | 29 | 1 | 29 | 2 | 29 | 29 | 22 | 29 | 26 | 29 | 29 |
| 602 | 27 | 1 | 27 | 2.3 | 27 | 26 | 51 | 27 | 26 | 27 | 27 |
| 603 | 26 | 1 | 26 | 2.6 | 26 | 26 | 30 | 21 | 15 | 23 | 26 |
| 604 | 29 | 1 | 29 | 2.8 | 29 | 29 | 29 | 29 | 29 | 29 | 20 |
| 605 | 18 | 1 | 25 | 2.5 | 25 | 25 | 10 | 25 | 25 | 25 | 20 |
| 606 | 27 | 1 | 27 | 3 | 27 | 27 | 20 | 27 | 24 | 27 | 27 |
| 總計 | 982 | 34 | 1016 | 97.73 | 980 | 993 | 288.6 | 997 | 963 | 1009 | 933 |

學生數 1024 1024 1024 1024 1024 1024 1024 1024 1024 1024 1024 1024
 平均數 0.96 0.94 0.99 2.71 0.96 0.97 0.88 0.97 0.94 0.99 0.91

衛生組長：

學務主任：

率

| 過去30天內曾經使用的菸品的學生人數 | 學生過去30天內曾經嚼檳榔人數 | 遵醫囑服藥人數 | 不過量不使用止痛藥 | 使用藥品前仔細看藥袋或藥盒 | 上過正確用藥相關課程 | 上過全民健保相關課程 |
|--------------------|-----------------|---------|-----------|---------------|------------|------------|
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 32 | 32 | 32 | 32 | 32 |
| 0 | 0 | 30 | 31 | 31 | 31 | 0 |
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 32 | 32 | 21 | 32 | 32 |
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 29 | 29 | 29 | 29 | 29 |
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 29 | 28 | 25 | 29 | 29 |
| 0 | 0 | 31 | 31 | 31 | 31 | 31 |
| 0 | 0 | 29 | 30 | 30 | 30 | 30 |
| 0 | 0 | 25 | 25 | 25 | 25 | 25 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 24 | 27 | 27 | 27 | 27 |
| 0 | 0 | 28 | 28 | 28 | 28 | 28 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 29 | 29 | 29 | 29 | 29 |
| 0 | 0 | 28 | 28 | 28 | 28 | 0 |
| 0 | 0 | 25 | 25 | 25 | 25 | 25 |
| 0 | 0 | 28 | 28 | 26 | 28 | 28 |
| 0 | 0 | 20 | 26 | 20 | 28 | 28 |
| 0 | 0 | 28 | 28 | 28 | 28 | 28 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 28 | 28 | 28 | 20 | 28 |
| 0 | 0 | 25 | 27 | 24 | 27 | 27 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 20 | 20 | 20 | 28 | 28 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 29 | 29 | 29 | 29 | 29 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 26 | 26 | 26 | 26 | 26 |
| 0 | 0 | 29 | 29 | 29 | 29 | 29 |
| 0 | 0 | 25 | 25 | 25 | 25 | 25 |
| 0 | 0 | 27 | 27 | 27 | 27 | 27 |
| 0 | 0 | 1000 | 1012 | 987 | 1015 | 964 |
| 1024 | 1024 | 1024 | 1024 | 1024 | 1024 | 1024 |
| 0.00 | 0.00 | 0.98 | 0.99 | 0.96 | 0.99 | 0.94 |

校長：