

雙龍國小108學年度學生健康行為行動達成

| 班級  | 達到近距離用眼30分鐘，休息10分鐘之學生人數 | 每節下課有90%的學童至教室外(有:1無:0) | 達到每天戶外活動累計2小時之學生人數 | 學生每日刷牙次數 | 午餐搭配含氟潔牙牙膏之學生人數 | 在校期間兩餐之間不喝含糖飲料學生人數 | 牙線使用次數(高年級) | 達到每周累積210分鐘運動量目標之學生數 | 達到每天五蔬果目標之學生數 | 達到每天吃早餐目標之學生數 | 達到每天多喝水(1500c.c)目標之學生數 |
|-----|-------------------------|-------------------------|--------------------|----------|-----------------|--------------------|-------------|----------------------|---------------|---------------|------------------------|
| 101 | 31                      | 1                       | 31                 | 2        | 31              | 31                 | 0           | 31                   | 31            | 31            | 31                     |
| 102 | 32                      | 1                       | 30                 | 2.5      | 32              | 32                 | 0           | 24                   | 27            | 32            | 29                     |
| 103 | 31                      | 1                       | 31                 | 2.9      | 31              | 31                 | 12          | 29                   | 29            | 30            | 22                     |
| 104 | 31                      | 1                       | 31                 | 2        | 31              | 31                 | 0           | 31                   | 31            | 31            | 31                     |
| 105 | 32                      | 1                       | 32                 | 3        | 32              | 32                 | 0           | 32                   | 32            | 31            | 32                     |
| 106 | 30                      | 1                       | 31                 | 3        | 31              | 31                 | 0           | 30                   | 31            | 31            | 30                     |
| 201 | 31                      | 1                       | 31                 | 3        | 31              | 31                 | 0           | 31                   | 31            | 31            | 31                     |
| 202 | 29                      | 1                       | 29                 | 3        | 29              | 29                 | 0           | 29                   | 29            | 29            | 29                     |
| 203 | 31                      | 1                       | 31                 | 2.6      | 31              | 31                 | 0           | 31                   | 31            | 31            | 30                     |
| 204 | 29                      | 1                       | 28                 | 2.1      | 28              | 25                 | 0           | 29                   | 28            | 28            | 25                     |
| 205 | 31                      | 1                       | 31                 | 3        | 30              | 31                 | 0           | 31                   | 30            | 31            | 31                     |
| 206 | 28                      | 1                       | 30                 | 3        | 30              | 28                 | 0           | 29                   | 27            | 30            | 30                     |
| 301 | 25                      | 1                       | 25                 | 3        | 25              | 25                 | 0           | 25                   | 25            | 25            | 25                     |
| 302 | 27                      | 1                       | 27                 | 3        | 27              | 27                 | 0           | 27                   | 27            | 27            | 27                     |
| 303 | 24                      | 1                       | 27                 | 3        | 27              | 27                 | 0           | 27                   | 27            | 27            | 27                     |
| 304 | 28                      | 1                       | 28                 | 2        | 27              | 28                 | 0           | 28                   | 28            | 28            | 28                     |
| 305 | 27                      | 1                       | 27                 | 2.85     | 23              | 27                 | 0           | 27                   | 20            | 27            | 21                     |
| 306 | 27                      | 1                       | 27                 | 3        | 27              | 27                 | 0           | 27                   | 27            | 27            | 27                     |
| 401 | 29                      | 1                       | 29                 | 3        | 29              | 20                 | 0           | 25                   | 20            | 28            | 29                     |
| 402 | 25                      | 1                       | 28                 | 3        | 28              | 25                 | 0           | 25                   | 22            | 28            | 25                     |
| 403 | 25                      | 1                       | 25                 | 3        | 25              | 24                 | 0           | 25                   | 24            | 25            | 25                     |
| 404 | 22                      | 1                       | 28                 | 3        | 23              | 25                 | 0           | 28                   | 28            | 28            | 10                     |
| 405 | 28                      | 1                       | 28                 | 2.5      | 28              | 23                 | 0           | 28                   | 27            | 27            | 22                     |
| 406 | 28                      | 1                       | 28                 | 3.3      | 28              | 28                 | 0           | 28                   | 28            | 28            | 28                     |
| 501 | 27                      | 1                       | 27                 | 2.88     | 27              | 28                 | 18          | 27                   | 27            | 26            | 20                     |
| 502 | 26                      | 0                       | 27                 | 3        | 10              | 28                 | 13          | 28                   | 28            | 24            | 24                     |
| 503 | 25                      | 1                       | 27                 | 2.9      | 27              | 27                 | 20          | 25                   | 27            | 26            | 22                     |
| 504 | 27                      | 1                       | 27                 | 2        | 27              | 27                 | 18          | 27                   | 27            | 27            | 27                     |
| 505 | 22                      | 1                       | 27                 | 2.6      | 17              | 25                 | 24          | 28                   | 28            | 28            | 23                     |
| 506 | 18                      | 0                       | 25                 | 2.4      | 25              | 27                 | 21.6        | 27                   | 21            | 27            | 23                     |
| 601 | 29                      | 1                       | 29                 | 2        | 29              | 29                 | 22          | 29                   | 26            | 29            | 29                     |
| 602 | 27                      | 1                       | 27                 | 2.3      | 27              | 26                 | 51          | 27                   | 26            | 27            | 27                     |
| 603 | 26                      | 1                       | 26                 | 2.6      | 26              | 26                 | 30          | 21                   | 15            | 23            | 26                     |
| 604 | 29                      | 1                       | 29                 | 2.8      | 29              | 29                 | 29          | 29                   | 29            | 29            | 20                     |
| 605 | 18                      | 1                       | 25                 | 2.5      | 25              | 25                 | 10          | 25                   | 25            | 25            | 20                     |
| 606 | 27                      | 1                       | 27                 | 3        | 27              | 27                 | 20          | 27                   | 24            | 27            | 27                     |
| 總計  | 982                     | 34                      | 1016               | 97.73    | 980             | 993                | 288.6       | 997                  | 963           | 1009          | 933                    |

學生數 1024  
 平均數 0.96 0.94 0.99 2.71 0.96 0.97 0.88 0.97 0.94 0.99 0.91

衛生組長：

學務主任：

率

| 過去30天內曾經使用的菸品學生人數 | 學生過去30天內曾經嚼檳榔人數 | 遵醫囑服藥人數 | 不過量使用止痛藥 | 使用藥前仔細看藥袋或藥盒 | 上過正確用藥相關課程 | 上過全民健保相關課程 |
|-------------------|-----------------|---------|----------|--------------|------------|------------|
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 32      | 32       | 32           | 32         | 32         |
| 0                 | 0               | 30      | 31       | 31           | 31         | 0          |
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 32      | 32       | 21           | 32         | 32         |
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 29      | 29       | 29           | 29         | 29         |
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 29      | 28       | 25           | 29         | 29         |
| 0                 | 0               | 31      | 31       | 31           | 31         | 31         |
| 0                 | 0               | 29      | 30       | 30           | 30         | 30         |
| 0                 | 0               | 25      | 25       | 25           | 25         | 25         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 24      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 28      | 28       | 28           | 28         | 28         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 29      | 29       | 29           | 29         | 29         |
| 0                 | 0               | 28      | 28       | 28           | 28         | 0          |
| 0                 | 0               | 25      | 25       | 25           | 25         | 25         |
| 0                 | 0               | 28      | 28       | 26           | 28         | 28         |
| 0                 | 0               | 20      | 26       | 20           | 28         | 28         |
| 0                 | 0               | 28      | 28       | 28           | 28         | 28         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 28      | 28       | 28           | 20         | 28         |
| 0                 | 0               | 25      | 27       | 24           | 27         | 27         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 20      | 20       | 20           | 28         | 28         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 29      | 29       | 29           | 29         | 29         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 26      | 26       | 26           | 26         | 26         |
| 0                 | 0               | 29      | 29       | 29           | 29         | 29         |
| 0                 | 0               | 25      | 25       | 25           | 25         | 25         |
| 0                 | 0               | 27      | 27       | 27           | 27         | 27         |
| 0                 | 0               | 1000    | 1012     | 987          | 1015       | 964        |
| 1024              | 1024            | 1024    | 1024     | 1024         | 1024       | 1024       |
| 0.00              | 0.00            | 0.98    | 0.99     | 0.96         | 0.99       | 0.94       |

校長：